



College Park  
Family Care  
Center, P.A.

## New Patient Orthopedic History

Please complete all questions

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Chief Orthopedic Complaint: \_\_\_\_\_

How were you referred to our office: \_\_\_\_\_

*In order to facilitate the efficiency of your appointment, please only include that which you scheduled as your chief complaint.*

### Complaints of:

\_\_\_ pain at rest \_\_\_ pain with motion \_\_\_ limited motion \_\_\_ difficulty sleeping \_\_\_ weakness

\_\_\_ swelling \_\_\_ locking \_\_\_ numbness \_\_\_ tingling \_\_\_ feeling of instability

\_\_\_ sharp \_\_\_ dull \_\_\_ constant pain \_\_\_ redness \_\_\_ warmth \_\_\_ popping \_\_\_ stiffness

Injury: \_\_\_ Yes \_\_\_ No If Yes, how did injury occur \_\_\_\_\_

Pain over the last: \_\_\_ 1-3 day's \_\_\_ 1 week's \_\_\_ 2-3weeks \_\_\_ 1 month \_\_\_ 6 month's \_\_\_ 12 months

Mechanism of Injury: \_\_\_ none \_\_\_ fall \_\_\_ MVA \_\_\_ sporting injury \_\_\_ work injury \_\_\_ twisting injury

Previous Care: \_\_\_ Emergency Department \_\_\_ Urgent Care \_\_\_ Primary Care Physician \_\_\_ OTC Meds

Immobilized in: \_\_\_ cast \_\_\_ splint \_\_\_ sling \_\_\_ boot \_\_\_ none

Gained relief from: \_\_\_ NSAID's \_\_\_ Rest \_\_\_ Tylenol \_\_\_ Home Exercise Program \_\_\_ Ice \_\_\_ Narcotics

Tried and failed: \_\_\_ Physical Therapy \_\_\_ Cortisone injection \_\_\_ Euflexxa series \_\_\_ NSAID's \_\_\_ Home Exercise Program

Patient has had: \_\_\_ Previous Surgery \_\_\_ Formal Physical Therapy \_\_\_ Legal Representation \_\_\_ Previous Ortho Consult \_\_\_ Previous X-ray/MRI If yes, where \_\_\_\_\_

### Current Medication and dosage:

\_\_\_\_\_  
\_\_\_\_\_

Continued on Reverse>>

**Medical**

**History:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medication**

**Allergies:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Previous Surgical Procedures and**

**Dates:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Past**

**Hospitalization:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Family History:**

Mother: \_\_\_ Alive \_\_\_ Deceased      Father: \_\_\_ Alive \_\_\_ Deceased

**Social History:**

Do you smoke? \_\_\_ Yes \_\_\_ No    \_\_\_ # of packs per day    \_\_\_ how many years

Do you exercise? \_\_\_ Yes \_\_\_ No