

RADIOLOGY PATIENT PREP INSTRUCTION

****There is a \$25 no show fee on all above exams if you do not cancel or reschedule 24 hours prior to the appointment time. Please call 913-956-4200**

ABDOMEN/GALLBLADDER/LIVER: Eat a low fat meal the evening before (no butter, cream, etc/nothing greasy, fried or heavy). Nothing to eat or drink after midnight the night before the exam.

PELVIC: Use the restroom 1 ½ hour before time of exam. Drink 32 ounces of water to be completed one hour before exam.

A full bladder is needed to visualize pelvic organs). Do not use the bathroom or exercise after finished drinking. If your bladder is not full, your appointment will be rescheduled.

PELVIC/ABDOMINAL: Eat a low fat meal the night before for dinner and nothing to eat after midnight. Do not eat any gum/mints/candy after midnight. The only thing you can drink is water and you have to have 32 ounces of water drank 1 hour before your exam.

By an hour before your exam, have all of your water completely drank and no going to the bathroom or exercising once you start drinking your water. If your bladder is not full, your appointment will be rescheduled.

PROSTATE: Go to restroom one hour and 15 min before exam time. Administer Fleets Enema Kit (one hour prior) and drink 20 ounces of water to be completed one hour before exam. Do not use the restroom or exercise once you start drinking. Your local drug store will have the kit and instructions.

RENAL/KIDNEY/BLADDER: Nothing to eat or drink after midnight. Drink 20 ounces of water to be completed one hour before exam time. Do not use the bathroom after drinking the water until after the exam.

MAMMOGRAMS: Do not use any deodorants, powders, lotions or perfumes (ointments, etc.) from the waist up the morning of the exam. Also avoid caffeine for 24 hours. It is very important that you bring your previous films/images for comparison.

BONE DENSITY (DEXA): Wear loose clothing, no metal.

