

## ANTIHISTAMINES

The following is a partial list of medications containing antihistamines. **ALL** antihistamines **MUST** be discontinued **ONE WEEK (7 DAYS) PRIOR** to your new patient appointment, special procedure appointment or skin testing evaluation. Please do not discontinue these medications if you have **extreme** eczema or **extreme** hives. Please contact our office if you have any questions: (913)469-5452.

**Medications with an asterisk (\*) should NOT be discontinued without authorization from the prescribing physician.**

Actidil	Codimal	Loratidine	Scot-Tussin Cough
Actifed	Comhist	Meclizine	Scot-Tussin Forte
Alavert	Comtrex	Naldecon	Sinarest
Alka-Seltzer Plus	Contac	Nolahist	Sine-Off
Allegra	Coricidin	Nolamine	Sinequan*
Allegra D	Deconamine	Norpramin*	Singulair
Allerest	Demazin	Novafed A	Sinubid
Amitriptyline*	Dimetane	Novahistine	Sinulin
Antivert	Dimetapp	NyQuil	Sudafed Plus
Asendin*	Dimetapp Cold & Allergy Chewables	Ornade	Surmontil*
Astapro	Diphenhydramine	Pamelor*	Triaminic
Astelin nasal spray	Doxepin*	Patanase nasal spray	Triaminicol*
Atarax	Dristan	P.B.Z.	Trinalin
Atrohist	Drixoral	Pediacare	Vicks
Aventyl	Dura-Tap	Percogesic	Vicks Headway
Benadryl	Durrax	Periactin	Vistaril
Benylin	Dymista nasal spray	Pertofrane*	Vivactil*
Bonine	Elavil*	Phenergan	Xyzal
Bromfed	Endep*	Polaramine	Zantac
Cheracol Plus	Extendryl	Poly-Histine	Zyrtec
Chlorpheniramine	Estrafon*	Robitussin Night Relief	
Chlor-Trimeton	4-Way Cold Tablet	Rondec	
Claritin		Ru-Tuss	
Claritin D	Formula 44	Ryna	
Claritin Reditabs	Hydroxyzine	Ryna-C	
Clarinet	Imipramine*	Rynatan	
Clarinet Reditabs	Kronofed A	Rynatuss	

**BETA BLOCKERS:**

The following is a partial list of medications containing beta blockers. These are prescribed primarily for high blood pressure, heart disease and migraine headaches. You must be off beta blockers 72 hours prior to your visit. Please contact the prescribing physician to have these medications switched with a different medication for the testing.

**NOTE: DO NOT GO OFF BETA BLOCKERS WITHOUT CHECKING WITH YOUR PRIMARY CARE PHYSICIAN. PLEASE NOTIFY OUR OFFICE AT 913-469-5452 IF YOU ARE ON ANY OF THESE MEDICATIONS:**

**A LIST OF BETA BLOCKERS**

<b>BRAND NAME</b>	<b>GENERIC NAME</b>
Apo-Metoprolol	metoprolol
Apo-Propranolol	propranolol
Betaloc	metoprolol
Betapace	sotalol
Betapace/ AF	sotalol
Blocadren	timolol
Bystolic	nebivolol
Cartrol	carteolol
Cobetaloc	metoprolol/HCTZ
Coreg	carvedilol
Corgard	nadolol
Corzide	nadolol/bendroflumethiazide
Detensol	propranolol
Inderal	propranolol
Inderal LA (sustained release)	propranolol
Inderide	propranolol/HCTZ
InnoPran XL (sustained release)	propranolol
Kerlone	betaxolol
Levatol	penbutolol
Lopressor	metoprolol
Navopranol	propranolol
Normodyne	labetalol
Normozide	labetalol/HCTZ
Sectral	acebutolol
Slow-Trasicor (sustained released)	oxprenolol
Sorine	sotalol
Sotacor	sotalol
Tenoretic	atenolol/chlorthalidone
Tenormin	atenolol
Timolide	timolol/HCTZ
Toprol	metoprolol
Toprol XL (sustained release)	metoprolol

**BETA BLOCKERS (CON'T)**

<b>BRAND NAME</b>	<b>GENERIC NAME</b>
Trandate	labetalol
Trasicor	oxprenolol
Viskazine	pindolol/HCTZ
Visken	pindolol
Zebeta	bisoprolol
Ziac	bisoprolol/HCTZ

**EYE DROPS CONTAINING BETA BLOCKERS**

<b>BRAND NAME</b>	<b>GENERIC NAME</b>
AK Beta	levobunolol
Betagan	levobunolol
Betimol	timolol
Betoptic	betaxolol
Betoptic S	betaxolol
Cosopt	timolol/dorzolamide
Ocumeter	timolol
Ocupress	carteolol
OptiPranolol	metipranolol
Timoptic	timolol
Timoptic/Ocudose/XE	timolol

**IV BETA BLOCKER**

Brevibloc (esmolol) is a beta blocker that is given intravenously (IV) only. It is used occasionally to treat special situations, at physician's discretion.

**WARNING**

Certain medications known as "Beta-Blockers" may make allergy injections unsafe. These medications are used to manage unrelated conditions, such as angina (chest pain), high blood pressure, headaches, glaucoma (increased eye pressure), or essential tremor (trembling). It is impossible to accurately predict the degree of risk in an individual patient on beta-blockers; therefore, AVOIDANCE is the only reliable preventative strategy.