

EGD
PATIENT INFORMATION AND INSTRUCTIONS
COLLEGE PARK FAMILY CARE MIDWEST PHYSICIANS

You will be sedated for your procedure. An adult that is at least 18 years of age will need to accompany you to your procedure and drive you home afterwards. You will not be able to drive or work the rest of the day following the procedure.

SEVEN DAYS BEFORE THE PROCEDURE: Stop the following medications that can thin your blood or cause constipation:

- Iron Medication
- Multivitamins with Iron
- Fish Oil, Lovaza, Krill Oil, etc.
- Ibuprofen, Advil, Motrin, etc.
- Naprosyn, Aleve, Naproxen, etc.
- Mobic, Meloxicam, etc.

If you have been prescribed Plavix, Coumadin, Warfarin, Xarelto, Eliquis, Pradaxa, Aspirin or any other medication that may thin your blood, you must contact your doctor prior to discontinuing these medications. Do not stop taking prescribed blood thinners without permission from your doctor.

Unless otherwise instructed by your Endoscopist, do not stop taking Aspirin prior to your procedure if it was prescribed by a physician or specialist. You may take Tylenol as needed. Call your doctor if you are uncertain whether you should continue taking a medication.

ONE DAY BEFORE THE PROCEDURE:

No alcohol or recreational drugs 36 hours prior to the procedure.

No smoking or chewing tobacco after midnight the night before your procedure.

Diabetics prescribed a Basal Insulin (Lantus, Levemir, Toujeo, Tulicity) should take half of their normal dose the day before the procedure. Oral diabetic medications can be taken as prescribed.

DAY OF PROCEDURE:

EIGHT HOURS BEFORE ARRIVAL TIME: Stop eating all **SOLID FOODS**. **CLEAR LIQUIDS** are permitted in small amounts until four hours before your procedure.

FOUR HOURS PRIOR TO YOUR PROCEDURE: Nothing by mouth for 4 hours prior to your procedure including water, liquids, chewing gum, candy, or mints.

Failure to comply with these instructions by having anything by mouth within 4 hours of your procedure could lead to the cancellation of your examination!!!!

Do not take any medications the day of the procedure unless your doctor has directed you otherwise. Any medication you have been ordered to take must be done at least two hours prior to the procedure with one sip of water.

Bring your pacemaker/ACID card if you have a pacemaker/ACID.

****REMEMBER – You must follow the instructions as written or the procedure may be cancelled. Nothing is to be taken by mouth within 4 hours of your procedure. Please review your prep instructions in advance and call our office if questions arise.**