



# New Patient Orthopedic History

Please complete all questions

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Chief Orthopedic Complaint: \_\_\_\_\_

How were you referred to our office: \_\_\_\_\_

*In order to facilitate the efficiency of your appointment, please only include that which you scheduled as your chief complaint.*

## Complaints of:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Pain at rest                | <input type="checkbox"/> Locking                | <input type="checkbox"/> Popping                                  |
| <input type="checkbox"/> Pain with specific movement | <input type="checkbox"/> Numbness               | <input type="checkbox"/> Stiffness                                |
| <input type="checkbox"/> Constant Pain               | <input type="checkbox"/> Tingling               | <input type="checkbox"/> Catching                                 |
| <input type="checkbox"/> Intermittent Pain           | <input type="checkbox"/> Feeling of Instability | <input type="checkbox"/> Bruising                                 |
| <input type="checkbox"/> Limited motion              | <input type="checkbox"/> Sharp                  | <input type="checkbox"/> Pain with ascending or descending stairs |
| <input type="checkbox"/> Difficulty sleeping         | <input type="checkbox"/> Dull                   | <input type="checkbox"/> Pain with prolonged seated position      |
| <input type="checkbox"/> Weakness                    | <input type="checkbox"/> Redness                |   |
| <input type="checkbox"/> Swelling                    | <input type="checkbox"/> Warmth                 |   |

**Injury:** Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how did injury occur \_\_\_\_\_

**Pain over the last:** 1-3 days \_\_\_\_\_ 1 week \_\_\_\_\_ 2-3 weeks \_\_\_\_\_ 1 month \_\_\_\_\_ 2-3 months \_\_\_\_\_ 1 year or more \_\_\_\_\_

**Mechanism of Injury:** none \_\_\_\_\_ fall \_\_\_\_\_ MVA \_\_\_\_\_ sporting injury \_\_\_\_\_ work injury \_\_\_\_\_ with a twisting motion \_\_\_\_\_

**Previous Care:** Emergency Department \_\_\_\_\_ Urgent Care \_\_\_\_\_ Primary Care Physician \_\_\_\_\_ OTC Meds \_\_\_\_\_

**Immobilized in:** cast \_\_\_\_\_ splint \_\_\_\_\_ sling \_\_\_\_\_ boot \_\_\_\_\_ brace \_\_\_\_\_ none \_\_\_\_\_

**Gained Relief from:** NSAIDs \_\_\_\_\_ Rest \_\_\_\_\_ Tylenol \_\_\_\_\_ Home exercises \_\_\_\_\_ Ice \_\_\_\_\_ Narcotics \_\_\_\_\_ Physical Therapy \_\_\_\_\_

Cortisone Injection \_\_\_\_\_ Euflexxa Series \_\_\_\_\_

**Tried and Failed:** NSAIDs \_\_\_\_\_ Rest \_\_\_\_\_ Tylenol \_\_\_\_\_ Home exercises \_\_\_\_\_ Ice \_\_\_\_\_ Narcotics \_\_\_\_\_ Physical Therapy \_\_\_\_\_

Cortisone Injection \_\_\_\_\_ Euflexxa Series \_\_\_\_\_

**Patient has had:** Previous surgery\_\_\_\_ Physical Therapy\_\_\_\_ Previous Ortho consult\_\_\_\_ Legal representation\_\_\_\_  
Previous X-ray/MRI\_\_\_\_\_ if yes, where\_\_\_\_\_

**Current Medication and Dosage:**

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**Medical History:**

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**Medication Allergies:**

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**Previous Surgical Procedures and Dates:**

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**Past Hospitalization:**

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**Family History:**

Mother: Alive\_\_\_\_ Deceased\_\_\_\_ Father: Alive\_\_\_\_ Deceased\_\_\_\_

**Social History:**

Do you smoke: Yes\_\_\_\_ No\_\_\_\_ if yes, how many packs per day\_\_\_\_ how many years\_\_\_\_

Do you exercise: Yes\_\_\_\_ No\_\_\_\_