

Protocol for Management of Diabetic Patients Scheduled for Endoscopy Procedures

SCHEDULING

All diabetic patients on insulin must be scheduled for their procedure no later than 10:00 am. Patients on oral diabetic meds are recommended for morning scheduling.

Diabetic Patients on Insulin

DAY BEFORE the Procedure

- AM: Take normal morning dose of insulin
- PM: If on a long acting insulin(Lantus, Levemir, Toujeo, Trulicity) only take ½ usual dose

MORNING OF the Procedure

- NPO **4 hours** prior to procedure
- 6:00 a.m.: Check blood glucose
 - Blood glucose > **100, but less than 300**
 1. Remain NPO
 - Blood glucose <**70**
 1. Drink 4 oz. of apple juice
 2. Do not take a.m. insulin
 3. Repeat blood glucose
 - a. Proceed to the office if scheduled at **7:30 or earlier**
 - b. If scheduled later than 7:30 a.m.-Call **College Park Endoscopy Center** (913-385-4400) at 7:00 and ask to speak with a GI nurse
 - Blood glucose ≥ **300** on the day of the procedure
 1. Procedure will be cancelled
 2. Primary care physician will be notified and patient advised to schedule appointment to follow-up on elevated blood glucose

Patients who present to the Endoscopy Center on day of procedure with elevated blood glucose (> 200, but less than 300) may be cancelled at the discretion of the CRNA for monitored anesthesia care procedures.

Diabetic Patients on Oral Meds

DAY BEFORE the Procedure

- Take normal oral diabetic meds as prescribed

MORNING OF the Procedure

- NPO **4 hours** prior to procedure
- **DO NOT TAKE** diabetic pills on the day of the procedure