Protocol for Management of Diabetic Patients Scheduled for Endoscopy Procedures

SCHEDULING

All diabetic patients on insulin must be scheduled for their procedure no later than 10:00 am. Patients on oral diabetic meds are recommended for morning scheduling.

Diabetic Patients on Insulin

DAY BEFORE the Procedure
- AM: Take normal morning dose of insulin
- PM: If on a long acting insulin (Lantus, Levemir, Toujeo, Trulicity) only take ⅔ usual dose

MORNING OF the Procedure
- NPO 4 hours prior to procedure
- 6:00 a.m.: Check blood glucose
  - Blood glucose > 100, but less than 300
    1. Remain NPO
  - Blood glucose <70
    1. Drink 4 oz. of apple juice
    2. Do not take a.m. insulin
    3. Repeat blood glucose
      a. Proceed to the office if scheduled at 7:30 or earlier
      b. If scheduled later than 7:30 a.m.-Call College Park Endoscopy Center (913-385-4400) at 7:00 and ask to speak with a GI nurse
  - Blood glucose > 300 on the day of the procedure
    1. Procedure will be cancelled
    2. Primary care physician will be notified and patient advised to schedule appointment to follow-up on elevated blood glucose

Patients who present to the Endoscopy Center on day of procedure with elevated blood glucose (> 200, but less than 300) may be cancelled at the discretion of the CRNA for monitored anesthesia care procedures.

Diabetic Patients on Oral Meds

DAY BEFORE the Procedure
- Take normal oral diabetic meds as prescribed

MORNING OF the Procedure
- NPO 4 hours prior to procedure
- DO NOT TAKE diabetic pills on the day of the procedure

Reviewed 7/17EL